

# RESMED

A Partnership for  
Better Healthcare



## Resmed PEI

M50 Business Park  
Ballymount Road Upper  
Ballymount  
Dublin 12

**Tel:** +353-1-419 6900  
**Fax:** +353-1-419 6999  
**Email:** [info@pei.ie](mailto:info@pei.ie)  
**Web:** [www.resmedpei.com](http://www.resmedpei.com)

Global leaders in sleep and respiratory medicine

[www.resmedpei.com](http://www.resmedpei.com)

# CPAP User Information

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## Cleaning/Maintenance Guidelines

### Mask, Headgear and Tubing:

1. Assemble / disassemble mask, headgear, and tubing .
2. Hand wash in mild soapy water (using liquid hand soap)
3. Rinse thoroughly.
4. Allow to air dry.

<b>Mask</b>	Clean Daily	} Change at least every 12 months
<b>Headgear</b>	Clean Weekly	
<b>Air Tubing</b>	Clean Weekly	

### Humidifier:

Rinse tub when filling with water. Use filtered water if available.

**Humidifier** Clean Daily

\*NOTE: Water should be removed before moving/transporting humidifier.

\*NOTE: Ensure that the cover lid of humidifier is clicked closed.

Handy tip:

*On a cold night bring the tubing under the bed clothes in order to keep the air from the humidifier warm while travelling through the tubing to the mask.*

### Filter:

Customers who rent their CPAP equipment will receive a new filter by post every 6 months.

Customers who own their CPAP equipment can purchase a new filter ideally when replacing mask.

**Air Filter** Change every 6 months

### Travel:

Carry your CPAP as hand luggage

Travel insurance advisable

Airline travel advice letter is available upon request

### CPAP Funding:

CPAP therapy is covered under the DPS ( Drug Payment Scheme) and GMS (General Medical Scheme).

To qualify for the Drug Payment Scheme you must apply to your local Health Service Executive. Forms are available from your local health centre or at any pharmacy.

*Please retain all invoices as these are tax deductible and may be reclaimed under the Med 1 scheme.*

*Med 1 forms are available on-line : [www.revenue.ie](http://www.revenue.ie)*